

Writing a letter to those in isolation



Isolation and loneliness can be very hard for people to get out of, but we can help! By reaching out to people we can breakdown the things which are stopping them from being happy and joyful. In this case, with isolation and loneliness, we can reach out by writing a letter from our heart to theirs.

Remember we must show others love, not in a romantic way, but by being kind and caring. Make sure your letter is loving, kind and caring.

Dear [blank],
We hope this letter finds you well

[Large white box for main body]

[Large white box for main body]

[Large white box for main body]

Let us pray

[Large white box for prayer]

With all the love and care of Jesus,
The Mini Vinnies of [blank]

The Mini Vinnies are the youngest members of the St Vincent de Paul Society and they help support the poor, needy and disadvantaged around them

Name of Person

Introduction

This is where you explain who you are and why you are writing this letter.

Main Body

You can decide as a group what to include here but we recommend you include some reasons why the person doesn't need to be lonely.

The Prayer

Try finishing your letter by writing a prayer for the person who will be reading your letter.

Your group/school name



Dear ,

We hope this letter finds you well

Let us pray

With all the love and care of Jesus,

The Mini Vinnies of