



St Vincent's
growing people, changing lives

What's been happening at St Vincent's Centre.

Local COOP supporting the Community

We received a wonderful donation this month from the COOP because you choose us as the charity to support. They continue to support us and those struggling with mental health in our community.



Client Focus: Oral Health

We have been incredibly lucky to have Sarah Nunn an Oral Health improvement practitioner to come and see our clients at the centre. She has been able to give advice, access dental treatment and educate on gum disease and the affects of alcohol/smoking has to their Oral health.



Education for the Future

Before we opened up for our clients, we had some very special guests from a local school. It gave us an opportunity to take away the stigma of what a foodbank is and an insight of our services and the people we help in their community. It's amazing all the wonderful questions we got from the children and the care and empathy that they showed.



HOW WE HAVE TURNED CONCERN INTO ACTION IN NOVEMBER

- 1153 HOT MEALS – KINDNESS KITCHENS
- 11 PEOPLE SUPPORTED WITH FINANCIAL AND UTILITIES SUPPORT
- 132 PEOPLE USING OUR PROFESSIONAL WELLBEING
- 150 HOURS INREACH SUPPORT
- 156 HOURS OF OUTREACH SUPPORT
- 215 FAMILIES SUPPORTED BY VINNIES PICK AND MIX.
- 7 PEOPLE SUPPORTED INTO EDUCATION
- 5 PEOPLE HELPED WITH ACCOMMODATION
- 87 CLOTHING PACKAGES DISTRIBUTED
- 4 PEOPLE SUPPORTED INTO EMPLOYMENT
- 42 HOURS OF PROFESSIONAL COUNSELLING
- 164 ANIMAL CHECKS FROM CHARLIE BOYS ANGELS

St Vincent's Black Tie Event

We have to work very hard to keep funds coming into the centre to support the people in our community. This month we held an exceptional evening at the Roslin organised by the St Vincent's team, bringing like-minded people together and sharing inspirational stories. Thank you to all the local businesses, guests and people that gave their time to make this a success.



See our Facebook for changes in opening times over the Christmas period.

Meet the Team

Sue Cater – Volunteer

There is a role for everyone who is interested in volunteering at St Vincent's centre in Southend. Volunteers are friendly and welcoming and SVP staff also provide support and direction to make the most of your volunteering time.

Volunteering opportunities at St Vincent's are, helping to keep the centre clean and tidy, serving food at the Kindness Kitchens, covering the phones at break times and during staff meetings, sorting donations of food, clothing and household items, delivering food parcels and outreach

You can volunteer to work daytimes, evenings, and weekends to fit in with your other commitments.

Fancy Volunteering?

Have you ever fancied Volunteering? We always have volunteering opportunities and would love to welcome you to the St. Vincent's Family. We have a role for everyone. Call us on 01702 592980 or email us on southendsupport@svp.org.uk

Foodbank and Services

Centre drop in open Monday to Friday
from 11am-2pm

Foodbank Donations – 11am – 4pm Weekdays
Saturday 10am – 12:00pm

Kindness Kitchens – Tuesday, Wednesday, Friday,
Saturday and Sunday 7pm – 8pm (Outreach is
available at all kitchens)

EPUT – Monday, Wednesday and Thursday.

Mental Health Support – Thursday 11am – 2pm

Food Market – Every Friday 10:30am – 1pm

Charlie Boys Angels – Tuesday and Saturday-
7pm to 8pm

Sign Posting to all services and advocating so that
Action to your Concern is resolved.

What's going on.

Monday

1pm – 2pm – Introduction to Recovery
programme

2pm – 3pm – Personal Development

3pm – 4pm – Games Club

Tuesday

2pm – 4pm – Music & Art Club

Wednesday

9am – 11am – 3D Printing Group

2pm – 4pm – Drama Group

Thursday – 12pm – 4pm Gardening at Springfield
Friday

12pm – 2pm – Football Club

2pm – 4pm – Film Group

November 2022

St Vincent's Centre – Unit 9, Victoria Business Park, Short St, SS2 5BY. 01702 592980

www.svp.org.uk/st-vincents-southend