



Who do you think is lonely?



Some older people have trouble moving around and can sometimes go weeks without seeing anyone. Do you think they would be lonely?

The Elderly Person

List some ways you could stop an elderly person feeling lonely:

The Homeless or those in Prison

The homeless and prisoners are avoided by people who are scared or look down on them. They are people just like you and I. Do you think they get lonely?



List some ways you could stop them getting lonely:



There could be someone close to you is lonely. Maybe they are a bit shy and don't talk much. If we see someone who is lonely we should never walk away.

Someone you know

List some ways you could stop anyone from getting lonely:

Anyone could be lonely. It is our mission as Mini Vinnies to show everyone love, we can do this by smiling and saying hello to everyone we meet. Just smiling could help people feel less lonely and more loved.