

Lectio Divina

With kids!

1. Lectio:
Read the passage at least twice at varying speeds.

4. Meditatio:
Get the group to consider what was just discussed, trying to find out what this means for them. What should they change about their lives?

6. Oratio:
Pray and guide their prayer, mix silence with music or talking and allow open prayer from the children.

2. Actio:
Get them to act out the passage in groups, assigning parts and getting into their roles. Freeze frames could also be used.

3. Interrogatio:
Get them to question each other on what the passage means. How could this be applicable to us today?

5. Expeditio:
Explain the passage for the group and tell them how God is speaking to you. Try and facilitate their own conversation with God.

7. Contemplatio:
Now have some quiet time to contemplate the conversation with God you've all just had. How can we take this forward? How can you continue the conversation?